

Coaches Information Packet

Meet Director's Message

The Reading YMCA and the Parents Aquatic Club welcomes you to the 21st Annual Randy Keinard Memorial 7-11 Meet. We hope your day with us is enjoyable.

Schedule

7:30-8:45 AM	Warm up sessions	Pool
8:15 AM	Scratch Meeting	Hospitality Room
9:00 AM	Meet Begins	Pool
After Event #38	20 Min. Break	

Scratch meeting is for scratches only. Deck entries are \$4.00 and can be made at the Timer's table after the scratch meeting. Deck entries will be seeded according to availability of open lanes and cannot win awards.

We will be distributing heat winner awards AND "HOT heat" awards.

Coaches are to coach their swimmers on the deck opposite the stands. This will help relieve the crowding in front of the stands.

Thank for your attendance and have a great meet.

Meet Procedure

Following warm-ups, the swimmers in events 1, 2, and 3 should proceed to the big gym to be seated by their heats. Throughout the meet, the events will be announced in gym. At that time, the participants should proceed to the heat benches. We will have workers escorting the swimmers from the heat benches to the starting blocks.

After Event #38, there will be a 20 minute break for the timers and officials. To assure we start promptly after the 20 minutes, heats for Event #39 will begin forming 10 minutes before the end of the break.

Due to the limited space on the pool deck, only timers, officials, and coaches will be permitted. Parents can meet their swimmer in the gym, concession stand area or locker room following their swim. Please ask your parents to not crowd the main hallway. The swimmers must be escorted through this area and it makes it easier to keep track of them if the area is clear. Thank you for your understanding and cooperation.

Hospitality room and coaches check in will be in the yoga room located up the stairs next to the concession area.

Warm-up times are on the next sheet.

Just a reminder, please pick up your awards in the concession area before you leave.

Again, Thank You for participating in this year's meet. We look forward to competitive swimming and good sportsmanship. Welcome to the Reading YMCA, home of the Stingrays and the Randy Keinard Natatorium.

Best Wishes!

Darrin and Julie Gartner